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## 215.63

### Using the Nutrition Health History Cards

#### Overview

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**Introduction** Nutrition Health History Cards are intended to facilitate the sharing of health data between a participant's health care provider and their local WIC agency and to reduce duplication of services. The cards have blanks for the participant's height, weight, and blood test results.

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**Using the cards** Nutrition Health History Cards may be used in three ways:

- Your agency may provide a supply of cards to health care providers in your service area, as part of your outreach efforts. Health care providers can then use the cards to share data with your agency.
- If a participant has a regular appointment with her health care provider before the next certification, give the participant a card to take to the appointment.
- When medical information is obtained at the WIC appointment, this should be entered on the card for the participant to share with the health care provider at the next appointment.

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**Using information on the card** Anthropometric and blood test information may be used if it:

- Was obtained within the required time frame, and
- Reflects the participant's categorical status.

See Policies 215.72 and 215.74 for more information about time frames.

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## Overview, Continued

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### Card information

The health history cards are two sided with Name and Date of Birth on one side and measurement information on the other. The content of the cards is the following:

Name
Date of Birth
Weight
Length/Height
Measurement Date
Hgb
Lead
Agency
Staff Initials

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